

* Name * School District Physical Education Plan

I. School District demographics/location/number of students, etc.

(Include the date approved by the local board of education)

II. Physical Education Plan

- A. Program Goals and Objectives
- B. Required Instruction: Schedules – K-3; 4-6; 7-12; length of time, days, is it integrated with elem. Classroom teacher? If so, how? Document it.
- C. Curriculum Design/Required Instruction (Curriculum Mapping)
 - a. Elementary – show connection to elementary standards for each activity
 - b. Middle/Junior High – connection to intermediate learning standards for each activity
 - c. Senior High – connections to commencement learning standards for each activity
 - d. Electives (if provided)
- D. Adapted Physical Education
 - a. Integrated into regular classes (?)
 - b. Special classes (?)
 - c. Use of classroom aides (?)
- E. Attendance Policy – (doctor notes, parent notes, dressing for class, etc.)
- F. Grading Policy
 - a. Attendance, dressing and participation
 - b. Testing: skills and cognitive assessments (achievement of learning standards?)
 - c. Homework, reading assignments, research papers
- G. Personnel
 - a. Elementary program – (who? Classroom teacher, PE teacher, both?) If using elem. Classroom teacher... tell how they get PD on PE? And supervision by certified PE teacher per regs.
 - b. Secondary program (include the Director of Physical Education and their qualifications)
- H. Facilities
 - a. Physical Education program use
 - b. Intramural program use
 - c. Interscholastic program use
 - d. Community use of facilities
- I. Administrative Procedures/Policies (include any policies approved by the School Board relating to PE/Athletics)
 - a. Physicals – regular and sport: health history, physical, return to play procedure)
 - b. Fitness testing (which one, when, part of grade?)

- c. Class size and grouping (Title IX = coed, what exceptions? i.e. wrestling)
 - d. Use of non-school facilities (bowling alleys, public pools, golf courses, etc) – PE and athletic use
 - e. Supplementary Personnel (Student teachers, aides, volunteers, etc.)
 - f. Summer School Program (if offered-can only be to make up failed course)
 - g. Safety Practices/Policies – (jewelry, dressing out, safety equipment, field/court inspection, equipment inspections, etc.)
 - h. Alternative physical education options- allowed or not – board approved instructors
- J. Athletics
- a. Intramural – for all students regardless of ability & on all levels?
 - b. Extramural – included or not?
 - c. Interscholastic Athletics – for the higher skilled athlete
 - i. Philosophy or program
 - ii. Selection Classification – Policy approved by BoE? Include copy
 - iii. Mixed Competition – procedures outlined
 - d. Athletics Policies
 - i. Hiring policy (paid and non-paid coaches must meet regulations)
 - ii. Athletics participation for physical education (option of CR135.4) policy
 - iii. Coaching credentials – (beyond “playing” experience) - First Aid, CPR, fingerprinting, violence abuse and child abuse prevention workshops and
 - iv. Coaching course verifications – all SED required course work completed/monitoring/recordkeeping
 - v. Coaching evaluations
 - vi. Code of Conduct – coaches, athletes, student body, parents, etc.
 - vii. Athletes – competence, character, civility, citizenship, etc.; discipline; substance abuse; consequences of rule violations; hazing; sexual harassment; violence prevention; etc.
 - viii. Parents
 - ix. Officials
 - x. Head and Assistant Coach roles and responsibilities
 - xi. Title IX
 - xii. Athletic Trainers (yes or no? responsibilities?)
 - xiii. Emergency Procedures – at practices, at games (home & away), contact information, etc.
 - xiv. Etc.....

III. Attachments: Resouces, guidelines, copies of Bd. Of Ed policy, etc.