

GUIDANCE FOR MEETING PHYSICAL EDUCATION REQUIREMENTS

PHYSICAL EDUCATION ITEM	Meets Fully	Meets Most	Meets Some	Does Not Meet	Examples of Documentation
REQUIRED INSTRUCTION					
Elementary Level K-3 meets daily for physical education for a minimum of 120 minutes per week					Grade level physical education schedules, days/times and curriculum map are identified in the district plan.
Elementary Level Gr.4-6 meets 3X week for physical education for a minimum of 120 minutes per week					Grade level physical education schedules, days/times and curriculum map are identified in the district plan
High School Level Gr. 7-12 meet for physical education 3x a week one semester and 2X week the other semester, every other day, or in a comparable time in a block schedule					Grade level physical education schedules, days/times and curriculum map are identified in the district plan
Adapted physical education classes are provided for students who have temporary or long term disabilities, IEP's and 504 Plans					Identified in district plan and/or student IEP's
Physical education classes are co-educational per Title IX regulations					Grade level physical education schedules, days/times and curriculum map are identified in the district plan
There are opportunities for all students (male and female) to participate in intramural, extramural, or interscholastic athletics					Identified in district physical education plan
SCHOOL DISTRICT PHYSICAL EDUCATION PLAN					
The school district physical education plan (SDPEP) is located in the school district administrative office					Plan provided – note date on plan to ensure it is relatively current and approved by the Board of Education
SDPEP includes goals and objectives for each grade level that are aligned to the learning standards					Listed in plan
SDPEP includes appropriate assessments to measure student progress at each grade level					Listed in plan
SDPEP requires all students to attend and participate in physical education class					Listed in plan
SDPEP includes opportunities at all levels for extra-class activity including intramural, extramural, and interscholastic athletics					Listed in plan
SDPEP includes goals and objectives of interscholastic athletic programs, selection and classification, coaching requirements, awards, codes of conduct/discipline policy					Listed in plan

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PERSONNEL					
The Director of Physical Education is a certified physical education teacher with supervisory and administrative certification					Copies of teacher certification and supervisory/administrative certification
Elementary physical education is taught by certified physical education teachers					Copies of teacher certifications
Elementary physical education is taught by a combination of certified physical educators and certified elementary classroom teachers acting under the direction/supervision of a certified physical education teacher (optional)					Copies of teacher certifications, combination is identified in district plan, professional development opportunities for elementary classroom teachers are identified in district plan, and verified in elementary classroom teacher lesson plans
Elementary physical education is taught only by certified elementary classroom teachers under the direction and supervision of a certified physical educator other than the Director of Physical Education (optional)					Copies of teacher certifications, teaching by elementary classroom teacher is identified in district plan, professional development opportunities for elementary classroom teachers are identified in district plan, and verified in elementary classroom teacher lesson plans
Secondary physical education is taught by certified physical education teachers					Copies of teacher certifications
Coaching staff meet all the regulations regarding First Aid, CPR, and required coaching courses					Copies of coaching certifications for all non-teacher coaches, certificates of completion for all coaching courses (except PE teacher-coaches): Philosophy & Principles of Athletics in Education; Health Sciences Applied to Coaching; and Theory & Techniques of Coaching; current First Aid and CPR certifications for every coach
Non-teacher coaches possess the required coaching license (Temporary or Professional)					Copies of certifications/licenses: Temporary Coaching certificate or Professional Coaching license

Comments: (use the reverse side for comments)